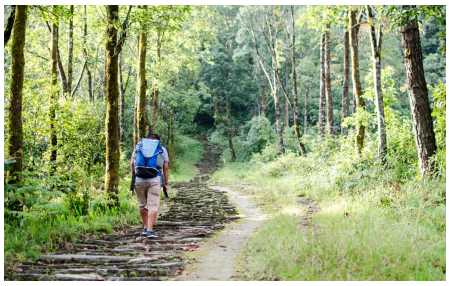
Full Itinerary

FOOTHILLS OF EVEREST TREK

TALK TO OUR WELL TRAVELLED TEAM OF EXPERTS

0844 3350 197

Monday to Friday 09:00 - 18:00 GMT



JOURNEY SNAPSHOT

ACTIVITY LEVEL:

Physically demanding

DESTINATION:

Foothills of Everest Adventure

DURATION:

12 days / 11 nights

FLIGHT INFORMATION:

Return economy international flights from London Heathrow Airport [LHR] to arrive in Kathmandu Airport [KTM] on Day 1 and return on Day 12

PICKUP LOCATION:

Katmandu Tribhuvan International Airport [KTM]

© The Big Journey Company2020 - 2024.All rights reserved.
Holiday tours are operated by The Big Journey Company Limited. Registered in England. Registered office: Marron Bank, Branthwaite, Cumbria, CA14 4SZ. Registered number: 6532140. The Big Journey Company Limited is a member of The Travel Trust Association member number U5675 and holds an Air Travel Organiser's License number T7282.

OVERVIEW

Choose your own departure date for your group

Trek through the foothills of Mount Everest whilst experiencing culture, nature & incredible landscapes like nowhere else on Earth

Everest is more than a mountain and the journey around its foothills is more than just a trek. Every bend in the trail provides another photo opportunity – beautiful forests, Sherpa villages, glacial moraines, and foothills. For active adventurers not afraid to break a sweat, our full trekking support staff will bring you close to local cultures before opening a window to the top of the world.

ITINERARY SUMMARY

© The Big Journey Company2020 - 2024.All rights reserved.
Holiday tours are operated by The Big Journey Company Limited. Registered in England. Registered office: Marron Bank, Branthwaite, Cumbria, CA14 4SZ. Registered number: 6532140. The Big Journey Company Limited is a member of The Travel Trust Association member number U5675 and holds an Air Travel Organiser's License number T7282.

FULL ITINERARY

© The Big Journey Company2020 - 2024.All rights reserved.
Holiday tours are operated by The Big Journey Company Limited. Registered in England. Registered office: Marron Bank, Branthwaite, Cumbria, CA14 4SZ. Registered number: 6532140. The Big Journey Company Limited is a member of The Travel Trust Association member number U5675 and holds an Air Travel Organiser's License number T7282.

WHAT'S INCLUDED

- ATOL protection
- Return economy international flights from London Heathrow Airport [LHR] to arrive in Kathmandu Airport [KTM] on Day 1 and return on Day 12
- Meet & Greet on arrival at Kathmandu Airport [KTM]
- Accommodation as detailed in the itinerary
- Transfers as detailed in the itinerary
- Meals as detailed in the itinerary in lodges or during the treks
- Return internal flights: Ramechap [RHP] – Lukla [LUA] - strict weight restrictions apply - 10kg main bag and 5kg hand luggage, max 15kg per person
- All activities, visits and excursions as detailed in the itinerary
- Everest National Park & TIMS Permit Fee
- A local English Speaking Sherpa Guide and necessary Porters to transport your baggage
- English speaking tour guides
- Tour Director from The Big Journey Company as well as the local tour guide (subject to minimum group size being reached.)

WHAT'S NOT INCLUDED

- Airport transfers outside of tour dates
- Drinks
- Any meals not mentioned in itinerary
- Gratuities
- All entrance fees to non-stipulated attractions
- Visas, travel & medical insurance
- Any personal items and anything not mentioned under included in price above
- Any optional activities offered
- Any COVID tests or related entry & exit requirements

© The Big Journey Company2020 - 2024.All rights reserved.
Holiday tours are operated by The Big Journey Company Limited. Registered in England. Registered office: Marron Bank, Branthwaite, Cumbria, CA14 4SZ. Registered number: 6532140. The Big Journey Company Limited is a member of The Travel Trust Association member number U5675 and holds an Air Travel Organiser's License number T7282.

IMPORTANT INFORMATION

- **N.B.** - The altitude of Kathmandu is 1,370m and we ascend higher along the way on our journey. Some guests may be adversely affected by the high altitude. Please discuss this with your doctor before departure.
- Flights will be arranged to arrive into Kathmandu on Day 1 of the tour. This may mean that you depart your home airport in the days before the tour begins.
- Please let The Big Journey Company know prior to travelling if you have any medical needs or take any medication that we need to be made aware of to ensure that you have a safe and pleasant tour. You will embark on several strenuous treks at very high altitude, so please consult us if you have any questions about whether this Journey is right for you.
- Check in is after 2-3pm and check out is before 10am unless otherwise specified in the itinerary.
- Cancellation 90 - 0 days prior to departure cancellation fee is 100%. It is your responsibility to ensure the correct travel insurance in place to protect you against the need to cancel your holiday.
- A non-refundable deposit is due at the time of booking. Full balance will be due 14 weeks prior to departure. Full cost of any flights purchased from us is required at the time of booking.
- Further terms and conditions apply and will be provided upon request or at the time of booking. The Big Journey Company reserves the right to withdraw any offer prior to accepting a reservation request. This does not affect your statutory rights.

© The Big Journey Company2020 - 2024.All rights reserved.
Holiday tours are operated by The Big Journey Company Limited. Registered in England. Registered office: Marron Bank, Branthwaite, Cumbria, CA14 4SZ. Registered number: 6532140. The Big Journey Company Limited is a member of The Travel Trust Association member number U5675 and holds an Air Travel Organiser's License number T7282.

BOOK YOUR JOURNEY

Choose from the list of dates below

Call to Book

0844 3350 197

Monday to Friday 09:00 - 18:00 GMT

© The Big Journey Company2020 - 2024.All rights reserved.
Holiday tours are operated by The Big Journey Company Limited. Registered in England. Registered office: Marron Bank, Branthwaite, Cumbria, CA14 4SZ. Registered number: 6532140. The Big Journey Company Limited is a member of The Travel Trust Association member number U5675 and holds an Air Travel Organiser's License number T7282.